WEST VIRGINIA DEPARTMENT OF HUMAN SERVICES

HOME | WILL THIS APPLY TO YOU? | FAQS | RESOURCES | PARTNER RESOURCES | CONTACT DOHS | BMS.WV.GOV

Understanding the Changes Coming to Medicaid and SNAP

WHAT YOU NEED TO KNOW AND WHAT TO EXPECT

In July 2025, Congress passed “The One Big Beautiful Bill Act”
Among other things, it affects Medicaid and SNAP eligibility.

Medicaid

January 1, 2027

- Community Engagement
- Qualifying Activities
- Exclusions & Exceptions
- 6-month anniversary

SNAP (Food Stamps)

November 1, 2025

- ABAWD
- Expanded Age Range
- Removal of some exemptions
- Dependent definition update

More coming in 2027 & 2028

- Federal financial support

We know this is a big change

We've worked to make the information as clear as possible. We're here to help.

- WHAT ARE THE COMMUNITY ENGAGEMENT REQUIREMENTS? ▼
- QUALIFYING ACTIVITIES ▼
- WHO IS AFFECTED? ▼
- EXCLUSIONS & EXCEPTIONS ▼
- REPORTING YOUR INFORMATION ▼
- QUALIFYING ACTIVITIES RESOURCES ▼

Community Engagement Requirements

HR1, “The One Big Beautiful Bill Act” requires certain Medicaid Members to complete at least 80 hours of work or approved community activities per month unless they qualify for an exclusion or exception. These activities are required for some adults to keep getting Medicaid through Mountain Health Trust. Those individuals were able to enroll in Medicaid through changes made by the Affordable Care Act.

Healthcare Services Providers

If you receive Medicaid through Mountain Health Trust your healthcare services are provided through one of the following managed care organizations:

- (888) 348-2922 (888) 613-8385 (800) 241-5704 (800) 782-0095

To change Providers, go through DHHR !!!

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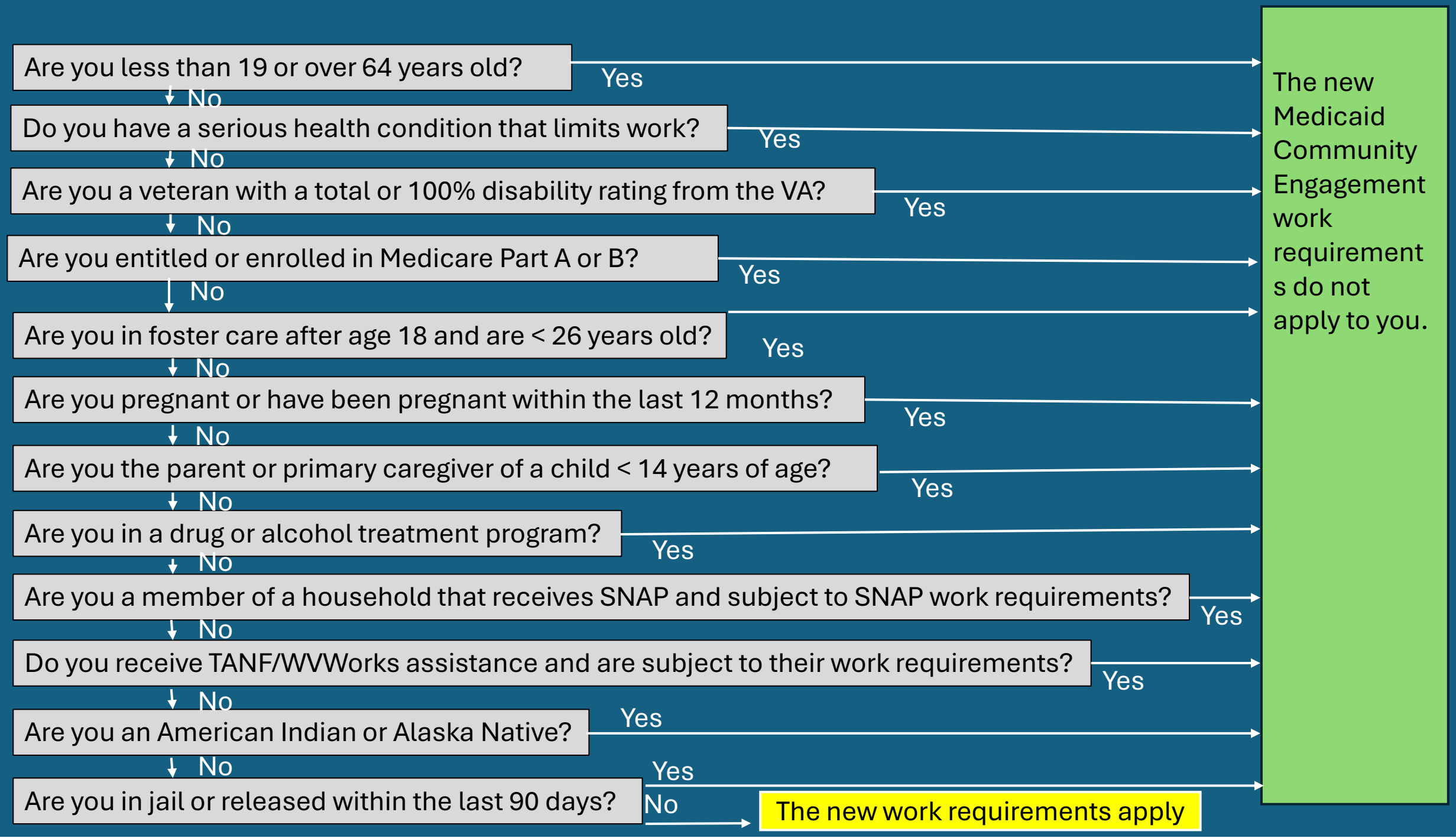
Will the Community Engagement Requirements Apply to You?

The new Community Engagement requirements apply only to those Medicaid members under the Adult Expansion Group. These are adults between the ages of 19 and 64 who have low income and get health insurance through West Virginia Medicaid. These individuals must also be US citizens or meet immigration rules.


Are you less than 19 or over 64 years old?
Yes
No
Do you have a serious health condition that limits work?
Yes
No
Are you a veteran with a total or 100% disability rating from the VA?
Yes
No
Are you entitled or enrolled in Medicare Part A or B?
Yes
No
Are you in foster care after age 18 and are < 26 years old?
Yes
No
Are you pregnant or have been pregnant within the last 12 months?
Yes
No
Are you the parent or primary caregiver of a child < 14 years of age?
Yes
No
Are you in a drug or alcohol treatment program?
Yes
No
Are you a member of a household that receives SNAP and subject to SNAP work requirements?
Yes
No
Do you receive TANF/WVWorks assistance and are subject to their work requirements?
Yes
No
Are you an American Indian or Alaska Native?
Yes
No
Are you in jail or released within the last 90 days?
Yes
No
The new work requirements apply
The new Medicaid Community Engagement work requirements do not apply to you.

How can you meet the requirements if you don’t qualify for an exclusion or exception?

Complete 80 hours per month of any of the following activities or a combination of them:

- Working (paid, un-paid or in-kind)
- Have monthly income > $580
- Enrolled in an approved work-training program
- Volunteering doing community service

Enroll in school (incl. higher education, high school, GED, career or technical education, or trade/skill programs such as welding, cosmetology etc.) at least half-time

If you are attending less than half-time, the hours in educational activities count toward the 80-hour requirement.

Seasonal workers’ average income over 6 months must be > $580, or $6,960 annually.

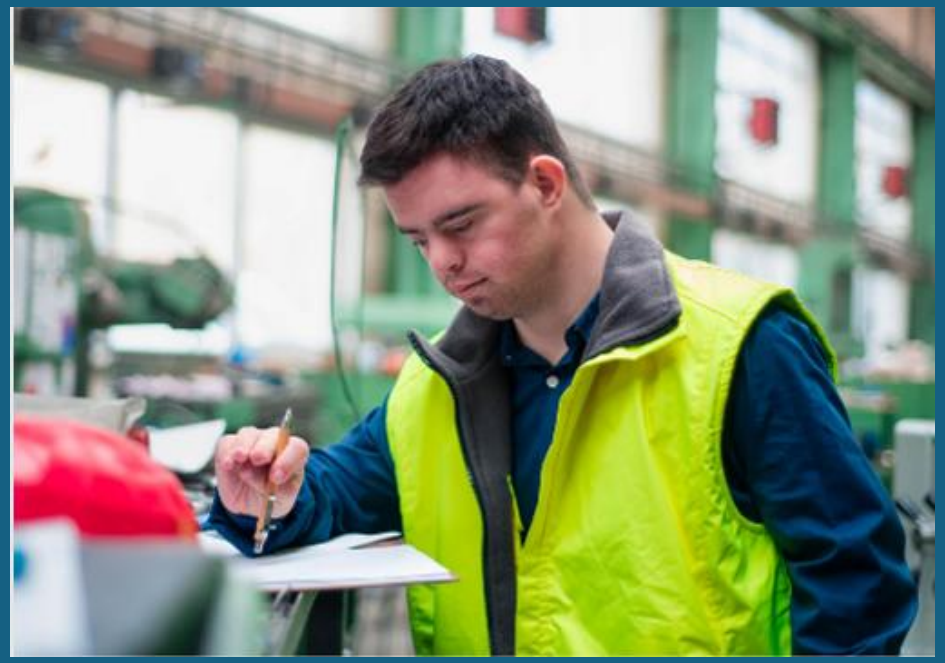
Those Transitioning … Pay Attention

If you meet any of the following criteria, you may soon be transitioning to a Medicaid member under the Adult Expansion Group and may also need to meet the Community Engagement rules:

- Children who are turning 19
- Women who had a baby within the last 12-months
- People turning 26 who have aged out of foster care
- A parent or caregiver with the youngest dependent turning 14
- People who are approaching 90 days since being released from jail

When do these Rules Start???

Beginning in January 2027, renewals for most members will be scheduled more often – every 6 months rather than every 12 months. You will need to provide employment data one month prior to your renewal date.
If renewal date is in March, you need 3-months of employment data



What is the next step?

For existing Medicaid beneficiaries, DoHS will automatically check your status to see if you qualify for an exclusion or exception and will contact you if more info is needed. You will get a request in writing by US Mail, or online in your *PATH Account* if you choose to go paperless. It may ask for:

- Pay stubs
- Records of the number of hours of unpaid or in-kind work
- Education information about the number of hours attending a program
- List of volunteer hours, name of the organization where you did the community service, types of activities you did, contact name and phone number of someone at the organization who can verify your community service hours.
- Work training hours

Fill out Application Forms for new members – we can help!

Current “Low Income” limits (partial list)

Family Size	Adult 19-64 Child 6-18	Child 1-5	Child < 1	Pregnant or Post-partum
1	$ 1,836	$ 1,942	$ 2,168	$ 2,528
2	$ 2,490	$ 2,635	$ 2,941	$ 3,428
3	$ 3,142	$ 3,325	$ 3,712	$ 4,326
4	$ 3,796	$ 4,016	$ 4,483	$ 5,226
5	$ 4,450	$ 4,708	$ 5,256	$ 6,126
6	$ 5,102	$ 5,398	$ 6,026	$ 7,024
7	$ 5,755	$ 6,089	$ 6,798	$ 7,924
8	$ 6,410	$ 6,781	$ 7,571	$ 8,824
9	$ 7,062	$ 7,471	$ 8,341	$ 9,722
10	$ 7,715	$ 8,162	$ 9,112	$ 10,622

QUALIFYING ACTIVITIES

RESOURCES

Jobs & Hope West Virginia
1-833-784-1385

WV NAVIGATOR

WV Navigator
1-844-WV-CARES

WV Medicaid Program
304-558-1700

Mountain Health Trust
(800) 449-8466

(304) 558-0684
Beneficiary Advisory Council

(304) 558-0111
Volunteer West Virginia

(304) 420-4531
Workforce West Virginia

WV 211.org

Medicaid.gov: WV Medicaid Eligibility Changes

Free.
Confidential.
One-on-one.

movreads.org
304-494-7942
info@movreads.org
Facebook and Instagram: @movreads

Free tutoring in reading, English and computer skills for adults in the Mid Ohio Valley

Basic reading and writing
For adults who want to read with confidence

English as a second language
For native and foreign-born learners

Computer literacy
Learn the basics of using a computer

Life skills
Including financial literacy

Adults 18 and older are welcome as students or volunteer tutors. Sign up at movreads.org

SNAP provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being.

A NEW TERM … ABAWD

ABLE-BODIED ADULT WITHOUT DEPENDENTS

Changes to SNAP affecting West Virginians

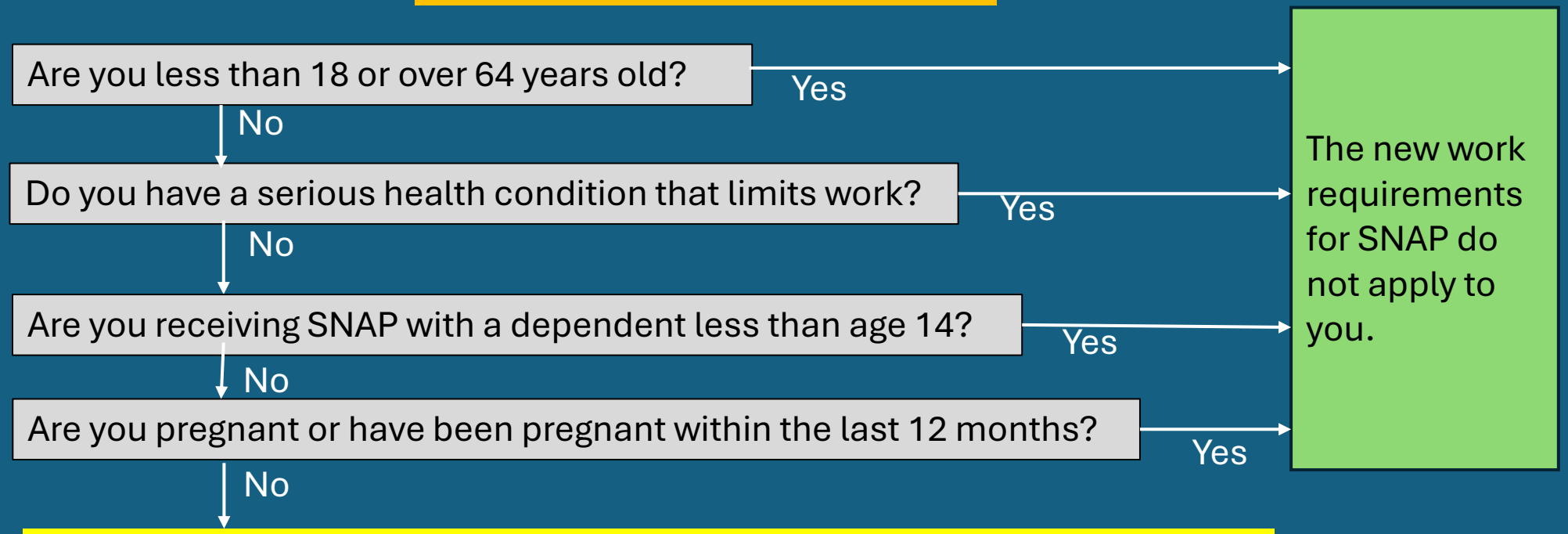
Expanded Age Range: The ABAWD age range will now include individuals ages 18 through 64. Individuals are considered ABAWD beginning the month after their 18th birthday and remain ABAWD until the month they turn 65.

Removal of Certain Exemptions: Previous exemptions for veterans, those experiencing homelessness, and foster youth between ages 14- 24 have been removed. Individuals in these categories must now meet ABAWD work requirements unless they qualify for another exemption.

Dependent Definition Update: Only dependents under age 14 will qualify for exemption from ABAWD requirements. Adults caring for youth ages 14 through 17 must meet work requirements unless otherwise exempt.

Up to 36,000 SNAP recipients in WV may be affected.

Who does this affect?



You must follow the work requirements which include:

- Registering for work
- Not voluntarily quitting a job or reducing hours
- Taking a job if offered, and
- Participating in employment and training programs

ABAWDs must work or participate in a work program for at least 20 hours per week in order to receive SNAP benefits for more than 3 months in a 36-month period. The current 36-month period runs from 1/1/25 – 12/31/27.

What happens if the ABAWD loses eligibility?

An ABAWD loses eligibility due to failure to meet the work requirements, DoHS regulations provide that they may apply for an additional three months of eligibility. This rule:

- Applies only to ABAWDs who regained eligibility but are no longer fulfilling the work requirement
- Provides that ABAWDs may only take advantage of this rule once in a 36-month period.
- The additional 3 months must be used consecutively
- If the individual was working, the consecutive 3 months must start when the ABAWD notifies the agency that they are no longer meeting the work requirement
- If the individual was participating in a work program, the consecutive 3 months must start when the agency determines that the ABAWD is no longer meeting the work requirement

Regaining Eligibility for ABAWDs

ABAWDs who have exhausted their 3 consecutive months may regain their eligibility at any time by

- meeting the ABAWD work requirements,
- meeting an exemption, or
- at the end of the current 36-month period (1/1/2025 thru 12/31/2027).

2027 SNAP COLA Adjustment

Effective 08/01/2026 through 09/30/27

Net Monthly Income Eligibility Standards (100 Percent of Poverty Level)

Household Size	48 States, D.C., Guam, Virgin Islands
1	$1,330
2	$1,804
3	$2,277
4	$2,750
5	$3,224
6	$3,697
7	$4,170
8	$4,644
Each additional member	$474

Gross Monthly Income Eligibility Standards (130 Percent of Poverty Level)

Household Size	48 States, D.C., Guam, Virgin Islands
1	$1,729
2	$2,345
3	$2,960
4	$3,575
5	$4,191
6	$4,806
7	$5,421
8	$6,037
Each additional member	$616

I receive SSI. Can my family also get SNAP?

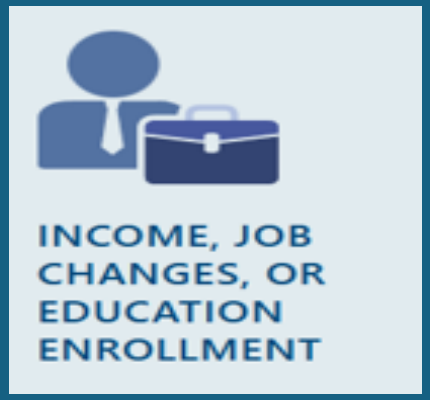
Most states grant SNAP eligibility to SSI recipients automatically under categorical eligibility rules. This means you do not need to meet the typical gross income limit to qualify. You still must meet household size and residency requirements and provide necessary documentation. Some households may be ineligible if there are other disqualifying factors, but for the typical SSI recipient, SNAP eligibility is likely

How can I apply for or update my SNAP case?

If you already receive SSI, you can generally apply for SNAP using categorical eligibility. Steps include:

- **Prepare documents.** Proof of SSI benefits, identity, state residency, household composition, and proof of income and expenses.
- **Complete the SNAP application.** This can often be done online, by mail, or in person at your local Department of Social Services or equivalent.
- **Provide verification.** Your SSI award letter and recent benefit statements help establish eligibility quickly.
- **Attend interviews if required.** Some states conduct brief interviews to finalize benefits.

You must tell DoHS if anything changes, such as:



If DoHS contacts you, or you need to report any of the items above, here are some useful contacts:

- Phone: 1-877-716-1212
- Email: osacsrc@wv.gov
- FAX: (304) 558-1869
- US Mail: PO Box 1668, Charleston, WV 25326-1668
- Local DHHR Office: (304) 420-2560
- Go into the WWW.WVPATH.WV.gov website for your account

The DHHR building is facing the parking lot at Avery & 5th Street

Volunteer Hours Log

For non-profits, a log of the hours each client worked will be required. The form at the right may be sufficient.

Community Service Hours Tracking Form

Community Service is defined as volunteer activities that have a significant impact in meeting the needs of communities and that allow people to help others by sharing their time and talents. Leadership and decision making are some skills practiced in performing community service along with increasing self-esteem, and networking for future career contacts.

Please take this form with you, obtain the signature after each project is finished, and keep track of you hours.

Volunteer Name: _____

Date	Activity	Place of Service	Hours	Signature

Family Support Options
Sherry Brown, FSS Supervisor DoHS